Double wrapping knit stitches and dropping wraps



1) First, put needle through stitch as if to knit. Wrap the yarn around the needle twice.



2) Pull wrapped yarn back through the stitch. Repeat steps 1 & 2 for each double wrapped stitch as specified by the pattern.



The next row when you come to the first double wrapped stitch, slip the stitch to the right needle dropping the extra wrap. Then slip the second stitch to the right needle dropping the extra wrap.



Slip both elongated stitches back onto the left needle.



Now you have two silly looking long stitches on the left needle and you are ready to work them.

Cross stitch and double wrapped knit stitch tutorial, By A.S. Anderson

KXST: Knitting cross stitches



1) Lift the second stitch over the first so now it sits closer to the needle tip, ready to be knit.



2) Knit that stitch that you just moved.



3) Now knit the second stitch, which is now completely encircled by the stitch you just knit.



You did it! I think they kind of look like a heart.

PXST: Purling cross stitches



1) You have two elongated stitches on left needle with the yarn in front, ready to purl.



2) Skip the first stitch and work the second stitch from the needle tip by purling the stitch.



3) Then lift the stitch you just knit over the first stitch (the one you skipped) and drop it off the needle.



4) Now work the first stitch (the one you skipped) by purling it and dropping it off the needle.



You did it! These look even more like a little heart than the other one!